

FOR ANY CORRESPONDENCE

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European Master in Public Health EUROPUBHEALTH+

Specialisation:

Governance and Economics of Health Systems in Transition

{provisional description}



Institute of Public Health
Jagiellonian University Medical College
Skawińska 8, 31-066 Krakow
Poland

The presented programme of the specialisation **Governance and Economics of Health System in Transition** is designated for the second-year international students of the **Europubhealth+** programme who completed their first year at University of Sheffield (England), at the Andalusian School of Public Health (EASP) - University of Granada (Spain), at the University College of Dublin (Ireland) or at the University of Liège (Belgium).

I. PRESENTATION

The specialisation course lasts two semesters and students obtain 57 ECTS in total for mandatory modules and the dissertation work and related placement. A mandatory integration module worth 3 ECTS is organized by the EHESP School of Public Health (Rennes, France) at the end of the academic year.

II. QUALIFICATIONS OF THE GRADUATE

The goal of the master studies is education enabling graduates to undertake positions mentioned below, as well as to undertake further post-graduate training in epidemiology, economy, health care management, journalism, pedagogic etc. or doctoral studies for professional improvement:

- member of health care programmes development team,
- leader of health care programmes,
- head of organization and methodical units in health care systems,
- head of units for prevention and health promotion in health care administration and health care provider institutions,
- independent professional in health care administration, governmental and self-governmental institutions, health insurance institutions and non-governmental organizations.

III. REQUIREMENTS FOR GRADUATION

The main condition for graduation is to obtain all mandatory credits and passing all examinations for mandatory subjects included in the programme, passing practical placement, obtaining in total 120 ECTS, including ECTS obtained during first year of the programme in partner university (Sheffield, Granada, Dublin or Liège) and submitting master thesis along with passing master examination.

Study Plan

Governance and Economics of Health Systems in Transition

Please note that this is for applicant's information, this study plan is subject to change.

Semester 3

Name of the course	Class form	M/F	Credit form Mark / Pass or Fail	Number of teaching hours	ECTS
Mandatory Modules					28
Health and Safety Training	short online course	M	Pass or fail	4	0
Introduction to governance in health system	practical classes	M	Mark	14	2
Market and state in health care – economic -perspective	practical clas- ses/seminars	M	Mark	16	2
Health systems goals and performance in transition	practical clas- ses/seminars	M	Mark	14	2
Health care financing and economic incentives	practical classes	M	Mark	20	3
Human resources for health	practical classes	M	Mark	20	3
Health technology assessment	practical classes	M	Mark	24	3
Change management and leadership	practical classes	M	Mark	18	2
Values in health systems	practical classes	M	Mark	14	2
Projections of health care expenditure and revenue	practical classes in computer laboratory	M	Mark	16	2
Economic burden of diseases	lectures/computer laboratory	M	Mark	6/14	3
Sustainability and resilience of health systems	practical classes	M	Mark	20	2
Economic solutions to current health system problems	practical classes	M	Mark	16	2

M- mandatory, F- facultative

Total number of mandatory hours (without self-education): 216

Total number of ECTS: 28

Semester 4

Name of the course	Class form	M/F	Credit form Mark / Pass or Fail	Number of teaching hours	ECTS
Practical placement	Practical	M	Pass or Fail	320	12
Master's seminar and Dissertation	Seminar	M	Grading for seminar: Pass or Fail Grading for master thesis and master examgrading scale: 2 (insufficient, fail) – 5 (very good)	100	17
Integration module - at EHSP in Rennes (France)	Seminar	М	-	30	3

M- mandatory, F- facultative

Total number of ECTS: 60

Provisional description of the modules

Introduction to governance in health system			
Coordinator	Professor Iwona Kowalska-Bobko		
Number of hours and ECTS	practical classes ECTS: 2		
	teaching hours: 14		
Goals of the module	1. Providing students with information on the important role		
	of governance and manager	ment practices and leadership	
	in the health sector.		
	2. Capture the impact of good	governance practices on pop-	
	ulation health indicators.		
Learning outcomes:			
Knowledge - Student knows	1. the contemporary challenges to policy-making in health		
and understands:			
	correctly identify its features		
Skills - Student can:	•	3	
	of policy-making in health		
	those issues		
	3. relate theoretical and normative aspects of governance to		
	various real-life cases of de	Ÿ	
Social competences - Student			
is ready to:		2. engage in a constructive critique and consideration of any	
	relevant health policy issue		

- 1. Concept of Public Governance (bureaucratic model (Public Administration PA, New Public Management (NPM), differences between PA and NPM, disadvantages of the NPM model)
- 2. Concept of health governance and governance for health (WHO, European Commission and leading governmental health national agencies)
- 3. Health in all policies (governance for health and health impact assessment)
- 4. Determinants of health (demographic, epidemiological, economic, social, technological, health systems)
- 5. Evidence based policy-making. Multi-level systemic legislation
- 6. Corporate governance models in the global health system
- 7. Political context (centralization, decentralization, globalization, political systems)
- 8. New modes of health policy-making (good governance, stewardship, participatory governance, models of policy-making and models of democracy)

Market and state in health care – an economic perspective			
Coordinator	Professor Christoph Sowada		
Number of hours and ECTS	Practical classes ECTS: 2		
	teaching hours: 16		
Goals of the module	 Providing knowledge and developing skills concerning using of market mechanism as allocation and distribution instrument in health care sector. Providing knowledge and developing skills concerning using of state as allocation and distribution instrument in health care sector. 		
Learning outcomes:			
Knowledge - Student knows and understands:	 basic categories in economics and organization of health sector conception of perfect market and Pareto optimum different cases of market failures in general and in health sector and examples of instruments used for reducing market failures the role of the state in the economy and health sector different cases of state failures in general and in health sector (principles of public choice theory) and examples of instruments used for reducing state failures 		
Skills - Student can:		ic discussion concerning the t and state as allocation and n health sector	
Social competences - Student	1. to acquire knowledge on his own		
is ready to:	2. to search for objective so	urces of knowledge	

- 1. Basic economic categories, concepts and laws short repetition
- 2. Perfect market and allocative efficiency
- 3. Allocative efficiency and justice
- 4. Market failures an overview
- 5. Public, social and merit goods in health sector
- 6. Externalities in health care
- 7. Asymmetry of information in health care and its consequences: moral hazard, supplier induced demand, adverse selection
- 8. Economic conceptions and instruments for reducing market failures examples
- 9. State tasks in economy and health sector
- 10. State as a tool for reducing market failures
- 11. State as a tool for achieving equality
- 12. State failures principles of public choice theory

Health systems goals and per	formance in transition	
Coordinator	Professor Iwona Kowalska-Bobko	
Number of hours and ECTS	practical classes ECTS: 2 teaching hours: 14	
Goals of the module	 Description of the major theories and frameworks for health care systems analysis and how these can be ap- plied in different contexts. Development of understanding skills of health care sys- tems organization by observing systemic differences rooted in history, culture, social, economic and political factors. 	
Learning outcomes:		
Knowledge - Student knows and understands:	 specific health system strengths and weaknesses, employing comparative analysis as a research tool health system performance identified in the different health care systems differences in health systems of the industrialized countries discussed during the classes 	
Skills - Student can:	 combine the knowledge and autonomously examine diverse health systems and the associated policy consequences recognize and construct pivotal as well as complex concerns related to operational health systems appraise, assess, and deliberate over the merits and drawbacks of the differing country-specific health systems recognize and modify health systems theories and frameworks for investigating particular challenges within their respective settings 	
Social competences - Student is ready to:	 cooperate in solving scientific, social, political and other problems exhibit an understanding of the possibilities and constraints of scientific endeavors, as well as its function within the broader societal context. 	

- 1. Health care models, role for health care systems goals: global and European
- The WHO, OECD framework for analyzing health systems
 Main contemporary trends of health care systems challenges
- 4. Health systems performance and assessment
- 5. Health system goals in Poland, Germany, UK, Canada and countries selected during the course

Health care financing and economic incentives		
Coordinator	Dr Marzena Tambor	
Number of hours and ECTS	practical classes ECTS: 3	
	teaching hours: 20	
Goals of the module	 Equipping students with knowledge about health financing system. Equipping students with knowledge about economic incentives to alter the behavior of health care consumers and providers. Equipping students with skills and competences to ana- 	
	lyze and evaluate health fir	
Learning outcomes:		
Knowledge - Student knows and understands:	 components of health financing system and its objectives mechanisms to mobilize public and private resources for health care, and their characteristics different economic incentives to modify health consumer behavior, and their effectiveness purchasing health services and its role in modifying the behavior of health care providers 	
Skills - Student can:	 identify sources of data, select and interpret adequate indicators to describe and analyze health financing system use scientific evidence to evaluate health financing system 	
Social competences - Student is ready to:	 take into consideration different factors and values that shape health financing system independent learning and skill improvement for analyz- ing health financing system 	

- 1. Health financing system objectives, functions, and models
- 2. Mechanisms to mobilize public resources for health care (taxation, social health insurance)
- 3. Mechanisms to mobilize private resources for health care (out-of-pocket payments, voluntary health insurance, medical saving accounts)
- 5. Economic incentives to alter health consumer behavior
- 6. Health care provider payment system and economic incentives to alter provider behavior
- 7. The evaluation of health financing system

Human resources for health		
Coordinator	Professor Alicja Domagała	
Number of hours and ECTS	practical classes	ECTS: 3
	teaching hours: 20	
Goals of the module	1. Presentation of current knowledge regarding the health	
	labor market and practical t	tools of human resources man-
	agement.	
	2. Providing students with known	
	cies necessary for effective	human resources manage-
	ment.	
Learning outcomes:		
Knowledge - Student knows	1. the rules of creation and implementation of the public	
and understands:	health strategy and health politics in the field of health	
	workforce at the regional, national and international lev-	
	els	
	2. categorizes, principles and	
	cient human resources man	
Skills - Student can:	1. propose and plan solutions	<u> </u>
	field of human resources for	or health
Social competences - Student	1. work and cooperate in a gro	oup
is ready to:		

- 1. Human resources for health: definition, characteristics, international comparisons
- 2. The concept and scope of the labor market of the health sector
- 3. Human resources planning in healthcare systems
- 4. Education for health. Training and professional development
- 5. Motivation of healthcare personnel: incentives for health professionals, including financial and non-financial incentives
- 6. Migration of healthcare workers scale and reasons worldwide
- 7. Key international initiatives and strategies concerning the health workforce

Health technology assessment				
Coordinator	Dr Tomasz Bochenek			
Number of hours and ECTS	Practical classes ECTS: 3			
	teaching hours: 24			
Goals of the module	1. Providing the student with knowledge, abilities and com-			
	petencies necessary to understand and appreciate the role			
	of health technology assessment within contemporary			
	health care systems.			
	2. Helping the student become better suited to prepare, un-			
	dertake or participate in interventions aimed to rationalize			
	utilization of health technologies at various levels of			
	health care system, as well as to effectively participate in			
	multidisciplinary teams involved in the process of health			
	technologies assessment at its various stages.			
Learning outcomes:				
Knowledge - Student knows	1. the processes and steps of scientific research based on			
and understands:	HTA			
	2. designing and planning the basic HTA research, justify-			
	ing the application of necessary research tools and meth-			
	ods of data gathering, listing sources of scientific infor-			
	mation necessary in performing HTA analyses, and ex-			
	plaining their practical applications			
	3. organization and financing of medicines, medical devices			
	and other health technologies within health care systems,			
	with a focus on applying HTA into health policies 4. meaning of main plots of content of complex texts on			
	concrete and abstract topics, including understanding of			
	issues associated with HTA			
Skills - Student can:	perform critical analysis and interpretation of HTA re-			
Skins Student cuit.	port, as well as draw conclusions based on such report			
	2. can participate in preparation of HTA report in its basic			
	and standard form			
	3. independently formulate, plan, propose and implement			
	solutions for concrete problems			
Social competences - Student	1. independently gather knowledge and expand research			
is ready to:	skills, utilizing objective sources of information. Student			
, and the second	is also aware of the necessity of such activities in his/her			
	own professional career			
	2. engage in promotion of HTA and rational management of			
	health technologies, including medicines, as well as			
	shows interest in problems related to HTA, pharmaceuti-			
	cal and health policies			
	3. work in multidisciplinary team, aiming to solve practical			
	problems in area of HTA and pharmaceutical policy			
Course content:				

- 1. Introduction to the module on Health Technology Assessment (HTA); subsequent steps of HTA analyses
- 2. Analysis of clinical effectiveness: systematic reviews and meta-analyses of data. Critical assessment of medical literature and overview of Evidence-Based Medicine (EBM) methods
- 3. Costs of health care interventions: types of costs and costing methods

- 4. Types and steps of health economic evaluations an introduction to decision modeling (decision trees, Markov modeling)
- 5. Cost-effectiveness analysis and modeling in HTA, the HTA guidelines in Poland and worldwide
- 6. Budget impact analyses and health care system impact analyses in HTA
- 7. Role of EBM and HTA in decision making; international overview of HTA applications. HTA agencies and other HTA organizations worldwide

Change management and leadership			
Coordinator	Dr Iwona Bielska		
Number of hours and ECTS	practical classes teaching hours: 18	ECTS: 2	
Goals of the module	 Introducing students to change management approaches to create strong and efficient health care organizations and systems. Familiarizing students with strategies to become successful and effective leaders in health care organizations and systems. 		
Learning outcomes:			
Knowledge - Student knows and understands:	 the processes that are involved in health system transformation and approaches to change management instruments and skills that are required to effectively lead teams and manage resources 		
Skills - Student can:	 identify, assess, and manage challenges to improve health systems lead and motivate teams in health care organizations refine written and oral communication skills to become powerful communicators in health care develop methods for discussing differing strategies and viewpoints 		
Social competences - Student is ready to:	 critically appraise health system challenges and make recommendations for improving health systems practice the effective communication of health system information 		

- 1. Health system challenges technological, epidemiological, demographic, cultural transformations
- 2. Change management approaches
- 3. Quality and risk in health care organizations; the Quintuple Aim framework
- 4. Management roles and leadership styles. Health system leaders in the past and present
- 5. Communication and presentation skills
- 6. Leading teams. Negotiation and conflict resolution techniques

Values in health systems			
Coordinator	Professor Iwona Kowalska-Bobko		
Number of hours and ECTS	practical classes ECTS: 2		
	teaching hours: 14		
Goals of the module	1. Introducing the participants	s in the features of the Value-	
	Based Health Care Model.		
	2. Presentation of the ways in		
	Care is implemented globa	lly and in Poland.	
Learning outcomes:			
Knowledge - Student knows		ic, social and organizational	
and understands:	<u> </u>	n of a value-based health care	
	system (VHCS)		
	2. the concepts and strategies of a value-based health care		
	system (VHCS)		
		3. legal, political, social and economic determinants of accessibility to health services	
	4. actions taken in health syst	<u>*</u>	
		drug and non-drug technologies, integration of care, qual-	
	ity measures, digitalization		
Skills - Student can:	1. correctly identify the cause	<u> </u>	
	_	S in modern health systems	
	2. identify the strengths and v		
	3. justify the need to apply the	e skill mix concept in health	
	systems		
Social competences - Student	1. show sensitivity to social a	_	
is ready to:	2. participate constructively in	n discussions and is open to	
	other arguments		

- 1. The value-based healthcare model Porter and Elizabeth Teisberg's model against the background of traditional approaches in healthcare systems
- 2. Strategies for implementing the VBHC concept (Porter and Lee's strategy)
- 3. Reasons for the need to change the current healthcare system to VBHC
- 4. Social values in healthcare (human rights, solidarity, equality, inclusion, autonomy, people's voice, liquid modernity)
- 5. Accessibility to health services; legal, political, social, economic determinants
- 6. Rationing mechanisms in health systems
- 7. Quality in health care systems
- 8. Efficiency versus equality real dilemma or?
- 9. New models of medical personnel cooperation skill mix approach
- 10. HB-HTA; implementation of medical innovation in hospitals
- 11. Integrated health care delivery system
- 12. The role of the pharmaceutical industry
- 13. Digitalization in health care
- 14. Implementation of VBHC in the world practical examples; barriers and opportunities

Projections of health care expenditure and revenue			
Coordinator	Dr Ewa Kocot		
Number of hours and ECTS	practical classes in computer ECTS: 2		
	laboratory		
	teaching hours: 16		
Goals of the module	1. Providing knowledge conce	erning the most important fac-	
	tors influencing health care	e expenditure and revenue.	
	_	ruct a simple prognostic model	
	of the health expenditure a	nd revenue, taking into ac-	
		nts and to present the results	
	of predictive analysis in the	e form of a short report.	
Learning outcomes:			
Knowledge - Student knows	1. sources of the health care revenue in general and in a se-		
and understands:	lected country and the main	n factors affecting the level of	
	revenue		
	2. the main determinants of the	ne health care expenditure	
Skills - Student can:	1. find, evaluate, analyze and join information from differ-		
	ent sources	ent sources	
		of expenditure and revenue	
	projection, interpret the results		
	3. present results of research i		
Social competences - Student	1. broadening his knowledge and skills		
is ready to:	2. comply with the ethical pri	nciples applicable in research	

- 1. Projections of expenditure and revenue in health care theoretical introduction and examples
- 2. The most important determinants of health care expenditures and introducing them to the projection model
- 3. Sources of revenues of health care system in general and in selected countries and factors influencing the level of revenues introducing them to the projection mode
- 4. Preparation of health care expenditure and revenue projections for a selected country

Economic burden of diseases			
Coordinator	Dr Katarzyna Kissimova-Skarbek		
Number of hours and ECTS	lectures/computer laboratory ECTS: 3		
	teaching hours: 20 (6/14)		
Goals of the module	1. Familiarizing the students with the modern approach of		
	evidence based health policy.		
	2. Helping students to learn about methods and tools of as-		
	sessment of the burden of diseases, injuries and risk fac-		
	tors to the societies at the country, regional and global		
T	level.		
Learning outcomes:			
Knowledge - Student knows and understands:	1. approaches of assessment and presentation results of disease burden to the societies		
	2. main units of measurement the disease burden (expressed		
	in monetary and non-monetary terms) and techniques of		
	their calculation		
	3. key stages in the Global Burden of Disease (GBD) study		
	methodology development including methods used for		
	generic Disability-Adjusted Life-Years (DALYs) calcula-		
	tion as well as the methodology applied in the latest ver-		
	sion of the GBD		
	4. method of using GBD results for benchmarking the		
	health systems of selected countries with similar level of development		
Skills - Student can:	1. identify and utilize available data sources to assess the		
Skins Student cuit.	burden of selected disease to the society		
	2. calculate main indicators of disease burden presenting		
	time lost (with and without health-related quality of life		
	consideration) and carry out cost of illness study from		
	different perspectives		
	use the published results of the latest GBD study to for-		
	mulate an opinion on the major health problems of se-		
	lected countries and globally		
	4. describe an economic impact of the chosen diseases in		
	the selected country and to present examples of disease		
	prevention		
Social competences - Student	1. compare the consequences of the diseases and to detect		
is ready to:	major health problems in selected country, using the ap-		
	propriate tools for assessing disease burden on a society 2. motivate decision-makers to use effectively data gener-		
	2. motivate decision-makers to use effectively data generated in the health system and by the Global Institutions		
	for ongoing assessment of disease burden in a country		
	and for health policy evaluation		
Course content:	ma 101 nomini ponoj o inimunon		

- 1. Introduction to the issue of economic burden of diseases as a part of economic analysis in health care
- 2. Scope and perspective of diseases burden assessment
- 3. Nonmonetary units of measurement the disease burden (Part I): (a) Natural units (number of deaths due to the disease, number of persons with the disease, cause specific mortality

- rate, prevalence rates, incidence rates), (b) Units considering duration of life lost (Potential Years of Life Lost PYLL, Period Expected Years of Life Lost PEYLL, Standard Period Expected Years of Life Lost SEYLL)
- 4. Nonmonetary units of disease burden measurement (Part II): Summary measures of population health (Units considering duration and quality of life lost (Quality-Adjusted Life-Years QALY, Disability-Adjusted Life-Years DALY, Health-Adjusted Life Expectancy HALE)
- 5. Global Burden of Disease, Injuries and Risk Factors Study. Stages of GDB study methodology development. Sources of data to assess the national burden of disease, injuries and risk factors in DALY units
- 6. The costs of illness approach: direct and indirect costs. Methods of valuing informal care. Perspectives of the costs of illness analysis. Burden of diabetes mellitus and its prevention example
- 7. Impact of ill health on national income. Valuing life years lost and health related quality of life lost: Value of Statistical Life (VSL) approach
- 8. Using results from the global burden of disease, injuries, and risk factors study for benchmarking of health systems. Socio-Demographic Index applied for selection of peer countries

Sustainability and resilience of health systems				
Coordinator	Professor Iwona Kowalska-Bobko			
Number of hours and ECTS	practical classes	ECTS: 2		
	teaching hours: 20			
Goals of the module	. Providing knowledge and developing skills concerning			
	using the concept of sustainability and resilience in the			
	health sector.			
	2. Identification of the most relevant areas of action for sus-			
	tainability and resilience in the health system.			
Learning outcomes:				
Knowledge - Student knows	1. the concept of sustainability and resilience in the health			
and understands:	system			
	2. the multidimensionality of health systems action to se-			
	cure system sustainability and resilience			
Skills - Student can:	· · · · · · · · · · · · · · · · · · ·	5		
	and resilience			
	2. characterize the sustainability and resilience domain of			
	the health system			
Social competences - Student	_	show sensitivity to social and health issues in society		
is ready to:		1 1 2		
	other arguments			

- 1. Defining the phenomena of sustainability and resilience in health systems
- 2. International concepts of WHO, OECD, EU for identifying domains of sustainability and resilience in health systems
- 3. Characteristics of governance domain: key messages from PHSSR country reports
- 4. Characteristics of the health care financing domain: key messages from PHSSR country reports
- 5. Characteristic of service delivery domain: key messages from PHSSR country reports
- 6. Characteristic of human resources domain: key messages from PHSSR country reports
- 7. Characteristic of medicines and technologies domain: key messages from PHSSR country reports
- 8. Domain characteristics environmental determinants: key messages from PHSSR country reports
- 9. Development of a health system sustainability and resilience matrix for a selected health system
- 10. Presentation of the sustainability and resilience matrix European approach

Economic solutions to current health system problems			
coordinator	Professor Katarzyna Dubas-Jakóbczyk		
Number of hours and ECTS	Practical classes	ECTS: 2	
	teaching hours: 16		
Goals of the module	Providing students with knowledge, skills and competencies		
	necessary to understand and critically assess the scope, com-		
	plexity and applicability of different economic solutions to		
	current health problems.		
Learning outcomes:			
Knowledge - Student knows	1. different examples of coordinated/managed care institu-		
and understands:	tions and instruments		
	2. methods for economic evaluation of health care programs		
	3. the role of public reporting systems in health care		
	4. methods for capacity planning in health care		
Skills - Student can:	. critically assess the applicability of chosen economic so-		
	lution		
	2. develop a detailed plan for an economic evaluation of		
	chosen heath program		
		evidence based data sources	
Social competences - Student	1. present own views on applicability of economic solutions		
is ready to:	to current health problems		
	2. take into consideration dive		
	that affect economic solution	on in health care	

- 1. Coordinated/managed care definition, institutions (insurance/payers vs. provider oriented) and instruments (financial, quality and evaluation)
- 2. Methods for economic evaluation of health care programs (types of analyses, data sources for international comparisons)
- 3. Public reporting systems in health care (definition, objectives, practical implementation and evaluation)
- 4. Capacity planning in health care (definition, methods, overview of international experiences)